

## Camp Yowochas Activity Guide

## **SNOWSHOEING**

Snowshoeing is a type of hiking that involves walking over snow with the assistance of footwear that displaces weight over a larger area. Camp Yowochas provides all the equipment for participants to have a fun and educational snowshoeing experience.

## PROGRAM SPECIFICS

- Groups up to 15
- Well suited for ages 8 adults
- Led by trained Camp Yowochas Staff
- Available December April depending on snow fall
- After learning how to fit, adjust and then walk in our snowshoes participants are led on a hike through the trails of Yowochas
- Snowshoeing can be combined with orienteering for an added challenge



## SAFETY CONSIDERATIONS

Hiking groups are led by Camp Yowochas staff and an adult participant will be at the back of the group acting as a sweeper. Regular stops along route are made to regroup and check-in. Trails are maintained throughout the winter.

Please see the Orienteering Activity Guide for more information about orienteering.

