



## Camp Yowochas Activity Guide

# VOYAGEUR CANOEING

Our Voyageur Canoeing program will have you singing camp fire songs while learning basic canoe strokes, how to paddle as a team, and gaining insights into the surrounding natural world as you travel the shores of Lake Wabamun.



### PROGRAM SPECIFICS

- ◆ Groups up to 12
- ◆ Well suited for all ages
- ◆ Led by trained Camp Yowochas Staff
- ◆ Available late April to end October
- ◆ Participants will learn basic canoe strokes during a journey along the shoreline of Lake Wabamun



### SAFETY CONSIDERATIONS

Strong winds can make sessions more challenging. While all participants will wear a PFD they should be water confident. Activity briefing will include how to correctly load and unload the canoe as well as the buddy system during a potential capsize. All staff are qualified Paddle Instructors and/or Lifeguards and certified in Standard First Aid and CPR.